

**Trust No One**

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| **Episode 03 Confessionals** | | |
| **Castaway** | **Old Count** | **New Count** |
| Tina | 5 | 6 (+1) |
| Colby | 9 | - |
| Keith | 11 | 10 (-1) |
| Elisabeth | 4 | - |
| Rodger | 3 | - |
| Amber | 2 | 3 (+1) |
| Nick | 1 | - |
| Jerri | 8 | - |
| Alicia | 4 | - |
| Jeff | 7 | 8 (+1) |
| Michael | 3 | - |
| Kimmi | 3 | - |
| Mitchell | 7 | 8 (+1) |
| Maralyn | 3 | - |

Day 7

1. **Michael (1/3):** Ultimately, this game is about the million dollars, but you need to take sm-small steps along the way to get there. And some of the small steps along-along the way to get there are eating, because none of us are going to win the million dollars if we don't have protein in our bodies and we can win the challenges.
2. **Jeff (1/8):** Mike wants to go out four hours a day and look for food because Mike is hungry. Nobody else is up for that.
3. **Michael (2/3):** I am very, very determined to get a pig. They got to drink sometime and there's got to be tracks somewhere and I'm going to ambush one. (03:19 → 03:30 = 11s)
4. **Michael (3/3):** Once I see a pig, it's going to be a, you know, an incredible act of exertion to try and get it. But I'm going to build a spear with the knife on the end, and then I'm going to run one down, and I'm going to get as close as I can and I'm just going to kind of, you know, figure it out from there.
5. **Elisabeth (1/4):** We have one knife, and that one knife, it might as well be food, but he wants to go and spear a pig. Really? Have we seen a pig? We haven't seen a pig. I haven't seen a pig. Believe me, if I see a pig, I'll want to eat it, but to just go spear just because you want to come back with one on your stick and be, like *"Rah, rah"*? I don't know.
6. **Jeff (2/8):** The spear. The spear. The stupid spear. *"I'm going to go catch pigs."* And he takes our knife and our rope. That's classic Mike. He's an idiot. I want to see your pig. Go get me a pig.
7. **Tina (1/6):** To be honest, I didn't expect this adventure to be this hard. I find myself just craving food. *Doritos*-- I want a bag of *Doritos* more than anything in the world.
8. **Colby (1/9):** We haven't had any meat in a week now, and the lack of protein hasn't taken its toll yet, but it's going to.
9. **Jerri (1/8):** I think the main thing that's been keeping us from getting fish is our fishing line, so this is a huge reward today.
10. **Amber (1/3):** I'm worried about running out of food and running out of rice. And we've been trying to eat it sparingly, but... It's going to run out sooner or later and, uh, I would love to catch a fish out there or something.
11. **Keith (1/10):** It's going to be physical, no matter how you look at it, but what we're trying to decide is whether it's a group effort or if it ends up falling on one person, and if we have to choose one person, well, it makes no sense not to choose, uh, Colby. He's the strongest, my God.
12. **Maralyn (1/3):** Cowboy can handle any challenge.
13. **Colby (2/9):** I would like to think that, win or lose on this deal, that my stock wouldn't fluctuate at all, and people can say, *"Colby, don't worry about it. We don't want to put any pressure on you. If you don't... if you don't pull through, it's no big deal."* But internally, I don't think that's the case.
14. **Tina (2/6):** I can't wait to get the food you don't have to work your butt off so hard to get. I mean, we have done fantastic on a small amount of food. You get food in us, and we're going to be unstoppable.
15. **Colby (3/9):** Winning this competition means a lot more to us than just bringing home, uh, a bag of-of fishing supplies. These are the days when it comes down to morale, and the mental edge going into this. And we're three and one now. The stats are pretty good for us. I certainly don't think this answers everything. We still got to catch the fish. The fish aren't going to jump into our camp.
16. **Mitchell (1/8):** At the time, I didn't think that Reward Challenge was very important because something told me there really wasn't a lot of fish out here. And it sucks that they didn't give us the fish. They give us the means to catch the fish. *(laughs)*
17. **Jerri (2/8):** I couldn't stop smiling. Keith said there were no fish. He said, *"There's no fish out there."* Him and Kel both were saying that for days and days. They were practically jumping in the boats.
18. **Keith (2/10):** When they came back with fish, they immediately said, *"Oh, where's the chef?"* The "chef" word's never been used before. As a chef, my strategy was to come in here and create just spectacular dinners and meals, and until now, we've had zero luck at doing anything from the rivers or from the flora, for that matter.
19. **Amber (2/3):** Today is Day 7, and we have caught our first fish so actually, that's not too bad. It did take us a week, but hey, it's better than two weeks.
20. **Jerri (3/8):** I think right now, everybody's pretty happy that Keith is there to cook the fish that we've been catching. I know sometimes he says things to other people that kind of rub them the wrong way, but I'm probably the one who gets irritated with him the most. I'm aware of that.
21. **Colby (4/9):** The most tension in the tribe seems to be between Jerri and Keith. With the cooking and everyone responding well to her cooking, *(whistles)* that put them on a level playing field there, and so there's not really a power struggle yet, but it could definitely come to that point. Even when Keith was over filleting the fish, I noticed there were several eyes paying attention, and what that tells me is that his stock didn't go up at all. You know, all he did was basically play the role of instructor on how to cook fish.
22. **Tina (3/6):** The fish that Keith made was excellent. That was like a blessing 'cause we were starving. We were so hungry.
23. **Mitchell (2/8):** So his first meal wasn't that great, but his first meal of fish was fantastic.
24. **Keith (3/10):** Tonight's dinner was definitely a success. Since cooking the fish, I think my stock's gone up, uh, a good amount. I think the team has, uh, been pretty excited about what I've been able to do for them.
25. **Mitchell (3/8):** I've never had such a great meal. But you know what? Jerri could do that, I could even do that. So having a chef out here isn't as crucial as he may think, because we don't have a lot to work with.
26. **Kimmi (1/3):** I'm usually on top of the water. I filled up eight jugs this morning, and now I'm refil... I refilled up... this is the second one, so now I've done ten jugs of water. It's a lot of work because you've got to boil this crocodile creek water before you can drink it. You got to go down and fill the big jug and then go up, boil the water, let the water cool, put it in the big container. I mean, it doesn't seem like you're contributing a lot because it's gone, as soon as it's there, it's gone.
27. **Rodger (1/3):** I have noticed the amount of work that Kimmi has been doing. And it seems to be a whole lot more than... than really just about anybody else. She's really worried that she's going to be the next one to go.
28. **Kimmi (2/3):** I sometimes feel vulnerable because I don't have a tight, tight bond with somebody that could be pulling for me in my corner. Yeah, that might be a bad thing because I might be just, like, *"Oh, easy target, pick Kimmi off."*
29. **Alicia (1/4):** Every job and task that Kimmi takes on in this camp can be taken over by somebody else, for sure.
30. **Jeff (3/8):** Well, there's sort of, um, a little battle between Kentucky Joe and Kimmi. Some of the people in the tribe feel that we will be stronger without Kentucky Joe.
31. **Elisabeth (2/4):** I know in the beginning there was talk of voting Rodger off and I tried really hard to rally people not to do it just 'cause I feel strongly for him.
32. **Alicia (2/4):** Kentucky Joe, although he's not a strong member of this tribe as far as challenges are concerned, he knows what he's doing outside.
33. **Rodger (2/3):** I always heard that the best place to catch them is where a stream runs into a river. I was out here looking for, uh, sinkers to make a new fishing pole with, and I found a little rock out here about that tall shaped like a heart.
34. **Elisabeth (3/4):** He said, *"Here you go. What's that look like?”* And I said, *"A heart."* He said, *"You take that with you, give it to your boyfriend when you get back."* And he said, *"You just know I care."* And it just... it just touched me.
35. **Rodger (3/3):** Me and her, it just seemed like we hit it off right off the bat here.
36. **Alicia (3/4):** Elisabeth said she won't vote off Kentucky Joe, and-and she protects him.
37. **Elisabeth (4/4):** It matters so much to me that he's around, so I'm not writing his name down. Uh-uh. I will not spell that man's name.
38. **Tina (4/6):** Maralyn, she's kind of like our little song bird and our little cheerleader in our camp, so Maralyn and I have bonded more so than I have with any of the other people. It might be our ages, it might be that we just kind of took up for one another.
39. **Maralyn (2/3):** Tina is a fabulous woman. She is a star. I trust Tina the most. Um, I do not trust Jerri.
40. **Amber (3/3):** There could be something going on between Jerri and Colby. I mean, from the very first day, she told me how cute she thought he was. And at first she didn't think that he liked her. And I was, like, *"Jerri, it's only the second day."*
41. **Jerri (4/8):** I'd really like it if Colby and I got together. He's exactly my type, plus, he's a cowboy and I'm such a sucker for cowboys.
42. **Colby (5/9):** Oh, Jerri... Jerri and I are getting along great. We've... every day we have more fun flirting with each other and seeing how far we can kind of push it.
43. **Keith (4/10):** Oh, I think Jerri is, uh, legitimately attracted to Colby, but I'm sure that strategic play comes in... is involved, there's no question.
44. **Keith (5/10):** I think Jerri's approach is just a lot of... she wants to really feel important. She's already got Colby on her side, but she gets, you know, on his side rubbing his back and, you know, nuzzling at night, you know, that whole thing, sharing the blanket, all that kind of stuff. So it's natural for Colby just to gravitate and a little smoke screen goes up and so he doesn't necessarily see certain things. Or maybe he does and I'm just not aware of it.
45. **Colby (6/9):** At this point, I'm not sure if Jerri has ulterior motives. Jerri is-is very capable of deceiving me or anyone else in the tribe. And maybe she's not, maybe I'm wrong. But, uh, I still can't let my guard down.
46. **Jerri (5/8):** If it came down to me having to vote for Colby... I would.
47. **Jeff (4/8):** Alicia and I, we went for that foraging walk together intentionally. I've thought a lot about the voting, and I wanted to be able to get away with her and just have her think about the future and who would be the most valuable to have with us in a final four, that we could beat.
48. **Alicia (4/4):** Jeff and I are constantly scheming and planning about how this thing should go.
49. **Jeff (5/8):** We talked about, you know, who we're going to vote for now, who we're going to vote for next time, who we trust, who we don't trust. (24:08 → 24:20 = 12s)
50. **Jeff (6/8):** Nick is very lazy. He won't pick up anything, he won't lift anything. If you ask him to help you, he'll act like you... he doesn't hear you. (24:31 → 24:41 = 10s)
51. **Jeff (7/8):** He's done our kitchen, which is lovely. And he's built a lovely little outdoor chair and he's built a lovely little patio, but only because he doesn't want to do anything else.
52. **Nick (1/1):** Mentally, you need to feel like you're comfortable where you are. And that's why I built the kitchen. I mean, the kitchen serves, you know, little purpose, but it looks good, it makes you feel comfortable. It's noticeable that you're doing work, which makes you... makes people happy.
53. **Kimmi (3/3):** I just don't see the necessity in making benches when we need firewood. I think that that's not a priority, I think that's a luxury.
54. **Jeff (8/8):** Unfortunately, we need him, so, you know, what can we do? He's one of our stronger people, but... when we get to a point where somebody in our group has to go, he's going to be the first.
55. **Mitchell (4/8):** When it rains, it's a scary moment. If the fire goes out, everything around us is wet, and we only have a couple matches.
56. **Jerri (6/8):** It was at the point where it was almost out, and there was hardly any light coming off of it. And no heat at all.
57. **Keith (6/10):** It was really raining hard. We were not going to let the rain win over our fire. It just wasn't going to happen.

Day 8

1. **Tina (5/6):** Tired. That was a rough one. Cold... rainy... pretty miserable.
2. **Mitchell (5/8):** My side of the tent was all wet, so I had to sleep in wet clothes with a wet blanket and sand, and I can't recall sleeping even a full hour.
3. **Maralyn (3/3):** Last night was a hard night. It poured. I mean not just a little drizzle, it just poured.
4. **Keith (7/10):** People fight sometimes, they put the fire out. We were up all night trying to keep that fire going. I think the hardest thing for me so far has just been trying to, uh, catch up enough sleep so the body's ready to go into combat in our challenges.
5. **Jerri (7/8):** Everybody's kind of getting a little lethargic. The fish definitely helped, that was a big morale booster. But I sense we're kind of on a downslide right now and it kind of scares me a little bit.
6. **Mitchell (6/8):** When you think about how low you are on nutrition and how hungry you are, being tired just... just quadruples it. Getting mail is always an exciting thing, but I was so weak walking up that hill to get the mail, it was treacherous for me. And I knew, I knew that inside there would be a challenge that I may not be able to do, and that was a depressing thought for me.
7. **Colby (7/9):** I'm dragging. This is the most tired I've been. Personally, I'm a little worried about myself. I know I'm not going to be as strong going into this one as I have been in the past.

Day 9

1. **Keith (8/10):** Our last Immunity Challenge was a real tough one. Mad Dog Maralyn, you know, she had a difficult time.
2. **Mitchell (7/8):** Had we voted for Maralyn last week, and not Kel, I can almost guarantee you we'd have imm-immunity right now.
3. **Tina (6/6):** The mood in the camp is a sad mood, but it's also a very strategic mood. Everybody's thinking, *"Who's thinking what?"*
4. **Jerri (8/8):** There's been five of us, uh, myself, Colby, Mitchell, Amber and Tina, who've kind of decided to all vote the same.
5. **Keith (9/10):** My vote's not going towards Maralyn. We've had a lot of physical challenges up till now, but I'm sure some of them are going to be mental, and, uh, I think Maralyn could prove to be an asset.
6. **Keith (10/10):** Mitchell's the weakest of our strength of getting a lot of heavy work done. You know, when it comes to the challenges, you know, he's not... Maralyn, I think, is stronger than he is in the challenges. I could be cutting my own throat doing this, but at least with Colby, we can discuss it, probably disagree upon it and it'll stay with us.
7. **Colby (8/9):** Strategies are starting to develop more and go in different directions, and the more we learn about each other, the more you start to second-guess what you've done.
8. **Mitchell (8/8):** Keith is trying to pull around a swing vote to try to get me out. Why would we want to kick off our fun Maralyn and then keep the pessimist and the backstabber?
9. **Colby (9/9):** At this point, Keith and Mitchell and Maralyn are neck-and-neck for Tribal Council tonight.